



OUR PROGRAMS

About Us.

At Adelois Consulting, we are passionate about empowering the next generation of leaders in STEM (Science, Technology, Engineering, and Mathematics) through personalized coaching, engaging workshops, and career development support. We guide individuals at every stage of their journey, helping them build confidence, skills, and fulfilling careers in STEM.

Founded by Lois Adeyemo, Adelois Consulting started as an independent initiative focused on mentoring, STEM advocacy, and capacity building. In 2024, the company was officially registered in both Canada and Nigeria, marking a new chapter in our commitment to creating impactful change on a global scale in STEM while fostering innovation, growth, and inclusion.



Mission.

INCREASING ACCESS TO MENTORING FOR STEM LEARNERS AND LEADERS

Vision.

TO BE A GLOBAL LEADER IN STEM EDUCATION AND ADVOCACY, TRANSFORMING LIVES THROUGH INNOVATION, MENTORSHIP, AND SKILL-BUILDING.

OUR TRACK RECORD IN STEM EDUCATION

- 1,000+ Student & Mentee Impact
- 20+ STEM Programs Delivered
- 5+ International Organizations
- 100% Satisfaction

STEM Careers Path Research Exercise.

The STEM Career Path Research Exercise is a 90-Minute Online interactive session designed to help high school students gain insight into various fields, career possibilities, and the paths they can take to achieve their goals.

This exercise is an interactive exploration of different STEM disciplines, careers, and industries. It's tailored to help you:

- Discover your STEM career – Learn about careers in engineering, technology, science, and mathematics.
- Identify your interests – Pinpoint which path aligns with your skills and passions.
- Research career opportunities – Explore real-world job roles, industries, and companies where you can apply your knowledge.
- Plan your journey – Get tips on the education, skills, and experiences you need to succeed in your chosen career.



TIME REQUIRED

90 Minutes

GRADE LEVEL

10 and above

COST

\$100 per session

ESSENTIAL PRE-EXISTING KNOWLEDGE

None

STEMUp Mentorship.

STEMUp Mentorship is a **6 weeks online**, self-paced, one-on-one mentoring program for Canadian girls in 10th - 12th grade and first year university students with a matched STEM professional.

Mentors will be paired to mentees to guide and support their academic and career ambitions, working on areas of skill development and serving as a role model of leadership.

What your STEMUp journey looks like.

- **Self-paced Project-Based Learning**

You will be assigned weekly activities by your mentors to apply and showcase your STEM knowledge. Impress your mentors.

- **Scheduled One-on-One Mentoring**

You will get matched with an experienced STEM professional as your mentor. You can discuss whatever you like as long as you are learning.

- **Get Spotlighted**

You will automatically become a recognized STEM ambassador with us and receive a certificate of achievement and recognition.

COST

\$100 per 6 weeks

TIME REQUIRED

60 Minutes Weekly

GRADE LEVEL

High School Students



STEMUp Mentees.

Your Eligibility Requirements:

- Identify as a Girl in grades 10-12 or first year of the university
- Possess a strong interest in STEM (Science, Technology, Engineering, and Mathematics) fields.
- Live and school in Canada
- Be able to commit to the entire duration of the mentorship program, including weekly sessions and any associated activities.
- Have permission from a parent or guardian to participate in the program.
- Complete an online application form

REBOOT Mentoring.

Empowering the Next Generation of Female Engineers!



The REBOOT Mentoring Program is a unique, year-long FREE mentorship opportunity designed to support ambitious young women as they navigate their engineering studies at the university and prepare for a rewarding career. The program only selects 2 (TWO) Engineering students a year. Applications are taken from November through December every year.

How REBOOT Mentoring works

- **8 Months Personalized Mentorship:** You will choose your own mentoring topics for each session. As your mentor, I will work with only your needs and assess your performance.
- **4 Months Project-based Learning:** You will officially become an intern. I will tailor your 8 months personalized mentorship to help you to enhance your technical and leadership skills to excel in engineering.
- **Skills Development:** As you begin your mentoring sessions, you will develop soft and technical skills needed to excel in engineering.

TIME REQUIRED

60 Minutes Monthly

GRADE LEVEL

University Students

COST

FREE

ESSENTIAL PRE-EXISTING KNOWLEDGE

Engineering Degree

STEM Blueprint Program.

Your Roadmap to a Successful STEM Career!



The STEM Blueprint Program is a transformative 3-days online/physical experience designed to help students and young professionals navigate the world of STEM careers with clarity and confidence. Whether you're exploring career options, seeking mentorship, or building essential skills, this program equips you with the knowledge, tools, and connections to succeed in Science, Technology, Engineering, and Mathematics (STEM).

Each day is thoughtfully designed with a focused module and a hands-on activity to help you grow both personally and professionally.

This program is open to individuals, schools and organizations.

How to participate. Select One.

\$250 Individual

- One Participant only
- 1-on-1 mentorship
- 3 Days Online Only
- Personalized STEM mentorship
- STEM project guidance
- Digital learning resources
- Certificate of participation

\$1,500 +

Schools/University

- 5 Participants Only
- Group Mentorship
- 3 Days Online/ Physical*
- Customizable STEM curriculum
- Teacher training & development
- 30 Students maximum a day*
- Certificate of participation

\$5000+

Organizations/NGOs

- 15-30 Participants Only
- Group Mentorship
- 3 Days Online/ Physical*
- Customizable STEM curriculum
- Teacher training & development
- 30 Students maximum a day*
- Certificate of participation

*Prices may vary if physical is chosen.

*Please book a consultation with us before making payment for our services.

What the Blueprint looks like.

- Explore Career Paths
- Live Interactive Sessions
- Develop Key Skills
- Hands-on Challenges & Projects
- Get Spotlighted



Launch a STEM Mentoring Program at Your Institution.

Starting a STEM Mentoring Program at your institution might feel overwhelming, but that's where Adelois Consulting comes in. We're here to simplify the process and ensure no detail is overlooked, helping you design a mentoring program that aligns perfectly with your vision. Whether you prefer one-on-one mentoring or a group format, we can tailor the program to suit your needs.

A well-designed STEM Mentoring Program at your institution creates a powerful platform for STEM enthusiasts and leaders to develop both personally and professionally, fostering growth, innovation, and a stronger STEM community.

With our **SMART Approach** and **Five Phase timeline**, we ensure your mentorship program is thoroughly planned, executed, and evaluated for lasting impact. We bring a 100% dedicated approach to ensure your 100% success.

Let us help you bring this impactful initiative to life!



Services & Pricing

At Adelois Consulting, we offer flexible service packages to help you successfully launch and manage a STEM Mentoring Program at your institution. Our pricing is designed to accommodate institutions of all sizes, ensuring a tailored approach that meets your unique goals and budget.

Service Packages

1. Starter Package – CAD \$5,000

Perfect for institutions looking to establish a basic mentoring structure with essential guidance.

- Initial consultation to define program goals (SMART framework)
- Program structure and planning support
- Development of mentor and mentee application forms
- Program branding and promotional material templates
- One mentoring session outline
- Email support for 1 month after program launch

2. Professional Package – CAD \$8,000

Ideal for institutions seeking a comprehensive mentoring program with ongoing support.

- Everything in the Starter Package, plus:
- Recruitment and onboarding of mentors and mentees
- Customized mentorship modules and resources
- Guidance on tracking and evaluating program success
- Mid-program review and progress assessment
- Monthly check-ins and support for 3 months

Services & Pricing

Service Packages

3. Premium Package – CAD \$10,000

Best for institutions looking for a fully managed, hands-on mentoring program experience.


- Everything in the Professional Package, plus:
- Full program implementation and management support
- Weekly mentor-mentee engagement strategies
- Regular feedback collection and performance analysis
- Final program report with recommendations for improvement
- Continuous support for 6 months post-launch

Additional Services (Available on Request):


- Custom mentorship module development – **CAD \$700** per module
- Program impact assessment and reporting – **CAD \$1000**
- Mentor/mentee training workshops – **CAD \$2,500**


Let us help you create a thriving mentoring community that empowers STEM enthusiasts and leaders. Contact us today to get started!


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