

# STEM CAREER RESET

## YOUR BIG SISTER IN STEM STARTS HERE.

STEM Career Reset is a focused career development experience for women in STEM who are ready to reconnect with their strengths, redefine their goals, and create a practical roadmap for their next chapter.

Through mentorship, reflection, and strategic planning, we help you move from feeling stuck and overwhelmed to feeling clear, confident, and energized about your future.

Because your career journey is allowed to evolve.

## IDEAL FOR

Recent graduates (0–3 years) and early-career women in STEM (3–5 years) looking for a Big Sister in STEM.

## KEY FEATURES

- Structured reset curriculum and guided reflection exercises
- Big Sister in STEM mentorship and guidance
- Career reassessment and goal-setting sessions
- Confidence rebuilding and mindset support
- Resume, LinkedIn, and personal branding refresh
- Career transition and repositioning strategy
- Professional development resources and action planning
- Community networking and accountability support

**PRICING** **\$CAD 750**

Installments available



## PROGRAM FORMAT

- Duration: 8 Weeks Total
- Weeks 1–5: Live Practical 1:1 sessions
- Weeks 6–8: Conversational/Role Playing 1:1 mentorship sessions

## KEY BENEFITS

- Regain clarity about your next career move
- Rebuild confidence in your skills and potential
- Refresh your professional brand and positioning
- Create a practical roadmap for your transition
- Feel supported by a mentor who understands your journey
- Move forward with renewed direction and purpose